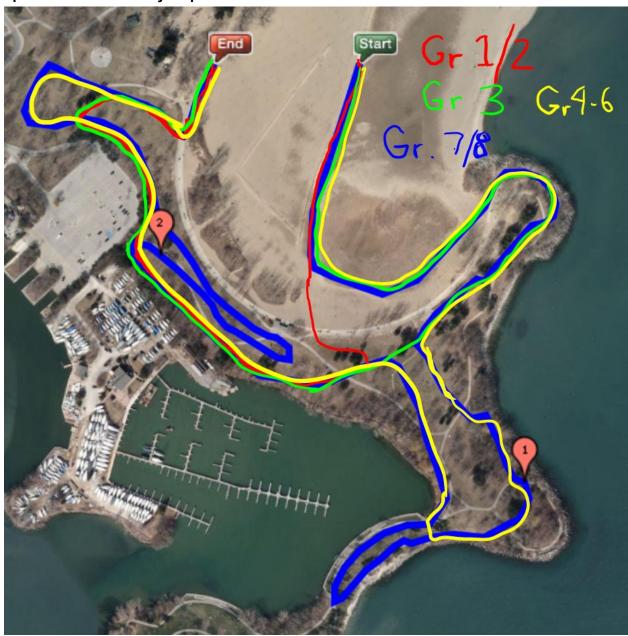
## **Updates Cross Country Maps 2019**



Grade 1/2 - 1050 m

Grade 3 - 1550 km

Grade 4-6 - 2220 km

Grade 7/8 - 2930 km

## **G. Venue Standards (from the Playing Regulations)**

- 1. Length of Course
- a) Grades 1-2 1000 Metres
- b) Grade 3 1500 Meters
- c) Grades 4-6 2000 Metres
- d) Grades 7-8 3000 Metres
- 2. A 300 Meter tolerance is permitted in each race.