

ADAM BECK SCREEN FREE WEEKEND CHALLENGE

Your child has decided to take the ADAM BECK SCREEN FREE WEEKEND CHALLENGE as part of our Earth Hour awareness.

Earth Hour has been happening in hundreds of cities around the world for the last 12 years. Millions of families and businesses around the world will turn off all their electrical appliances and machines for one hour again this year on Saturday, March 30 from 8:30 - 9:30 PM.

Here at Adam Beck we are starting a new energy awareness challenge:

THE ADAM BECK SCREEN FREE WEEKEND CHALLENGE !!

For the entire weekend of Earth Hour your child has promised to not use any screens that require electricity nor anything that is battery operated. Please sign off for each time period to verify that your child has not used any screens. Students who are able to reduce their energy consumption for the entire weekend will have their names written on the Eco Wall of fame.

Date and Time period	Parent's signature
Friday, March 29, 4:00 - bedtime	
Saturday, March 30, wake up - noon	
Saturday, March 30, noon - 6 PM	
Saturday, March 30, 6 - bedtime	
Sunday, March 31, wake up - noon	
Sunday, March 31, noon - 6 PM	
Sunday, March 31, 6 - bedtime	

Please write a short paragraph about the electrical machines that you gave up, how you filled your time and your thoughts and feelings on the whole experience. Return your form to the office on Monday April 1.

