Adam Beck School Council November 23, 2017 6:30 to 8:30pm Studio

#### **Attendees**

Michelle Grahlman\*

Kristine Holder \*

Michelle Lavoie\*

Karen McMullin\*, Co-chair

Samantha North

Jeny Nussey\*, Co-Chair

Francesca Rea

Lola Scenna, Vice-Principal\*

Kirk Seeley

Lisa Telio\*

**Corin Toporas** 

Cristina Toporas\*, Secretary

Diane Wong-Roland Kent Yee, Principal\*

### **Welcome and Minutes of Last Meeting**

Karen McMullin welcomed parents to the school council meeting and asked for approval of the October 2017 minutes.

MOTION:

It was moved by Michelle Grahlman and seconded by Lisa Telio that the minutes of the school council meeting of October 19, 2017 be approved as presented. The motion was passed unanimously.

# **Principal's Report**

Mr. Yee tabled the Principal's report. Highlights of his report include:

- Book Fair raised \$14,300, that is \$2,000 more than in 2016
- French immersion deadline is November 30. A presentation will take place on Thursday Nov 30 6:30 pm at
  Danforth Collegiate located at 800 Greenwood Ave. This school year Adam Beck has a higher number of JK
  students; for this reason, we may have a lottery for the French immersion program. The lottery is administered
  by TDSB.
- The holiday concert is scheduled for Thursday, Dec 21. Kindergarten students will have a spring concert to allow them to accommodate to the school year. Details of the spring concert will be communicated closer to the date.
- School Council members were invited to attend Ward meetings. Karen McMullin indicated she will attend the next meeting.

# **Head Lice Presentation by Public Health**

Ms. Voula Varasamidou, Public Health Nurse with Toronto Public Health, provided a presentation and resources regarding management of head lice. The TDSB fact sheet is available on school council website here.

<sup>\*</sup> School Council Executive Members

#### A few facts about head lice:

- not a health hazard, just a nuisance
- not related to cleanliness of body, house or clothes.
- do not fly
- do not pass onto pets / animals
- most kids 3-10 years will get head lice at some point; at this age they are more likely to come in close contact with their heads, share hats or hair decorations.
- lice mature in a week and reproduce in a week. For this reason, treatment needs to be done every 7 days for at least two weeks.
- Parents are encouraged to check their children's hair weekly.
  - Check forehead, behind years and back of the neck
  - Signs to watch for: head scratching.
  - Nits look like dandruff but are strongly attached to hair
  - Use the thin comb, magnifying glass and bright light
  - Teach kids not to share hats and hair elastics or headbands. Interesting fact head lice has become more
    prevalent among teenagers since they started taking selfie pictures.
  - Braid hair for kids with long hair
  - Swimming does not drown lice (they can hold their breath for hours!)
- When to see a doctor? If the kid is younger than 2-years old, pregnant or breastfeeding women.
- Treatment
  - Comb with thin comb
  - Use nix shampoo for all family at the same time, otherwise you contaminate each other again
  - Rinse head in the sink not in the bath so that chemical does not go on your body
  - Sheets, pillows, clothes, stuffed animals, towels: either wash hot water and dry, or put in plastic bag for
     2 weeks. Put new sheets, towels, pillowcases the night you clean the hair.
  - Vacuum carpets, sofa, car seats.
  - Comb, brushes to be washed with hot water and soap after treatment
  - 2<sup>nd</sup> treatment very important in case eggs hatched.

Lisa Telio offered to order lice combs that can be made available to new parents.

All parents are encouraged to let the school know if their child has lice as this helps manage the lice. While the TDSB policy with respect to kids with head lice has not formally changed, the public nurse does not recommend kids being removed from school and indicated that they no longer send kids with lice home.

Ms. Varasamidou outlined several other parenting programs that are available at no cost from Public Health. Workshops include "Kids have stress too" (Kids age 4-10); building resiliency in teenagers (kids age 10-14; how to talk to children about substances like opioids, drugs, etc. If there is interest in a workshop from a small group of parents (6-7) school council to contact the nurse to schedule a workshop.

Karen McMullin thanked Kirk Seeley thanks for planning for the head lice presentation.

# **Committee Updates**

Cristina Toporas presented the new **school council website**. The website provides up-to-date information on all school events and initiatives. It has a fresh new look, updated content, and useful features. Here's what you can find on Adam Beck Parents at <a href="https://www.adambeckcouncil.ca">www.adambeckcouncil.ca</a>:

- Adam Beck News: News from school council and the school administration, neatly organized.
- **Calendar**: All school and school council-related events that are communicated by the school administration at the beginning and throughout the school year. You can download a specific event or the entire monthly calendar straight to your Outlook, Google or iCalendar.
- Events: Information on all school council fundraising events.
- Initiatives: Find out how funds raised are spent to benefit our children.
- Fundraising: Answers to the questions you have about school council fundraising.
- **Get involved**: Volunteers are critical to every event school council organizes. Learn how you can get involved and see the current volunteering opportunities.
- **School Council**: Find out who is on the council and see agendas of council meetings, minutes and council by-laws.
- **Contact** us: Have a question about Pizza Lunch, Movie Night or Read-a-Thon? All our committee email addresses can be found here.

Please email Cristina at web@adambeckcouncil.ca with questions, feedback and ideas.

Francesca Rea provided an overview of **FundScrip**. She noted that paying by credit cards incurs fees that are deducted from the amount that returns to school council. All parents can pay up to 3 days before the deadline using debit cards. All cards ordered are mailed to the school and there is no delivery charge. Cards are being sent home with the students.

Diane Wong-Roland showcased the different **spirit wear** clothing items and outlined the process and deadline for placing orders. She noted that spirit wear orders are being place every other year.

#### **New Business**

None.

The meeting ended at 8:30 pm.

Approved by Adam Beck School Council Executive on February 22, 2018.